



# Service Capabilities

**REDIMED** is your total health solutions provider using expertise and innovation to drive superior outcomes for patients wherever, whenever.



# Welcome to **REDIMED**

**REDIMED** has the expertise and experience to provide total health solutions for you and your employees.

Our 'best in market' services focus on early intervention and preventative solutions through to 24/7 emergency assistance, clinical rehabilitation and medico-legal.

REDIMED operates from three primary Perth clinics located in Belmont, Joondalup and Rockingham and provides 'onsite' mobile health services to workplaces throughout Western Australia.

To provide the highest standards in care, we employ and partner with some of the most experienced health professionals, including Surgical Specialists, Occupational Physicians, GP's and Allied Health Professionals.

## **Our Divisions and Services**

Operating from three primary Perth locations, we provide expert industrial and occupational health services on and offsite, including:

Commercial Health Services	Urgent Medical Care	Injury Rehabilitation & Allied Health	Medico-Legal
Pre-employment medicals	24/7 Telehealth	Physiotherapy	Permanent impairment assessments
Drug & alcohol screening	Poisons permits	Hand & upper limb rehabilitation	Independent medical examinations
Vaccinations	Medivac	Exercise rehabilitation	
Health & wellness programs	Plastics, neuro, hand & orthopaedic surgery*	Fitness for work assessments	
Skin checks		Plastics, neuro, hand & orthopaedic surgery*	
Ergonomic assessments		Occupational medicine	
Health surveillance			

\*Plastic, Orthopaedic and Neuro Surgeons operate at public and private hospitals across Perth

# Commercial Health Services

**REDIMED's** proactive injury and illness preventative solutions deliver superior outcomes for employers, saving money and disruption to business operations.



**REDIMED's** comprehensive pre-employment medicals and functional assessments allow employers to ensure their candidate has the required physical capacity to perform their job safely.

## Pre-Employment Medicals

Pre-employment medicals and functional assessments are performed by our Exercise Physiologists and Medical Practitioners who specialise in occupational medicine, injury screening, prevention and rehabilitation.

REDIMED's medical and functional assessments are specifically tailored to your organisation's unique requirements. Our pre-employment medical screening tool has been designed by our specialists and allied health professionals, enabling us to focus on the key risk factors contributing to injury.

## Drug & Alcohol Screening

REDIMED offers a full range of drug and alcohol screenings tailored to your requirements.

Our screenings can be performed on and off site by one of our accredited health professionals in accordance with the ANZ/AS/NZS 4308:2008.

REDIMED always aims to give you an accurate result as fast as possible.

## Health Surveillance

Health surveillance is an important factor in the duty of care of an employer, particularly in workplaces where employees are potentially exposed to hazardous environments.

REDIMED's health surveillance services enable employers to periodically assess the health of their employees.



# Health & Wellness Services

**REDIMED** Health & Wellness team can visit your workplace, saving time and money whilst ensuring your employees' health and wellbeing are a top priority.



As one of Australia's leading occupational health providers, REDIMED's total health solutions include a comprehensive range of health and wellness programs tailored to your organisation's needs.

Our experienced team can also customise health education training and health management programs to ensure you and your employees are kept at a top level of health.

## Skin Checks

REDIMED's qualified GP's conduct extensive skin examinations using a dermatoscope. If any suspicious moles or skin lesions are identified, they can assist with further testing, and provide superior follow up care. REDIMED's team of experienced Plastic Surgeons can provide surgical treatment if required.

REDIMED also provides skin check campaigns for companies onsite and runs a mobile skin clinic to regional communities throughout WA.

## Vaccinations

Vaccinations are a proactive and effective way to help protect you and your employees. Research shows this to be a smart investment with healthy employees vaccinated against the flu taking nearly half the number of sick days as other workers.

Our mobile clinic also allows us to come to your business and provide vaccinations on site.

## Ergonomic Assessments

REDIMED can perform ergonomic assessments of your workplace to prevent immediate or progressive workplace injuries. A detailed report is provided following all ergonomic assessments.



# Urgent Medical Care

**REDIMED's** proactive injury and illness preventative solutions deliver superior outcomes for employers, saving money and disruption to business operations.



With state of the art technology in Telehealth and support from some of the most experienced Emergency Physicians and Medical Practitioners, REDIMED has the expertise and experience to provide the highest level of urgent care for patients wherever they are, whenever assistance is required.

REDIMED has priority access to Joondalup Health Campus, Hollywood Hospital, Bethesda Hospital and St John of God Hospital, Mt Lawley. REDIMED also has links with tertiary hospitals throughout Western Australia, allowing priority access to State Trauma Units and Emergency Departments whenever urgent care is required.

## 24/7 Telehealth

Telehealth is an extremely cost effective way for remote workers to access expert medical advice, treatment and support direct from the workplace and are available via mobile devices and our emergency phone line, 24 hours a day, 7 days a week.

In the event of an injury or acute illness occurring on-site, our Telehealth services provide expert remote area medical support and seamless communication and coordination from the place of injury through to clinical handover.

24/7 Telehealth provides:

- Fast access to medical advice from qualified GP's.
- Instant electronic medical certificates
- Immediate electronic referrals for further treatments
- Organisation of airport transfers for priority access to private hospitals, diagnostic imaging or to REDIMED clinics if required
- Coordination of a complete care pathway with timely and appropriate intervention

## Poisons Permits

In accordance with the Poisons Act 1964 and Poisons Regulations 1965, REDIMED is authorised to hold poison permits and to purchase and administer scheduled drugs for workplaces.

REDIMED has developed a comprehensive system to ensure the highest standard of documentation and governance.

## Medivac

REDIMED can arrange air and land travel needs for injured workers via our Medical Air and Air Ambulance services providing door to door transport. REDIMED's urgent medical evacuation and patient transport services also allow patients priority access to public and private hospitals and state trauma units and emergency units throughout WA.

Our urgent care services link seamlessly into our superior post-operative and rehabilitative care, providing total health solutions for your organisation.

## Surgical Specialists

To provide the highest standards in health care, we employ and partner with surgeons specialising in plastics, neuro, hand and orthopaedic surgery. Our Surgical Specialists are on-call 24/7 to ensure you are covered for any emergency treatment.

# Injury Rehabilitation & Allied Health Services

**REDIMED** understands the importance of a timely return to work. Our injury management and allied health professionals are experienced in treating occupational injuries and customising treatment plans to get employees back to work faster.



## Occupational Physicians

REDIMED's Occupational Physicians are highly qualified medical specialists in the field of occupational medicine. With a comprehensive understanding of workplace and employee health, our expert Physicians advise employees on how their work can affect their health, and how their health can affect their ability to work safely and productively in the workplace. We specialise in risk management, injury management and rehabilitation, fitness for work, health surveillance and health and wellbeing.

## Surgery & Medical Care

REDIMED's patients receive the highest standards of clinical care performed by some of the most experienced Medical Practitioners. Our procedures and medical treatments include plastics and reconstructive surgery, hand, orthopaedic and neurosurgery and superior post-operative care.

REDIMED also has access to a wide network of professionals specialising in Pain, Dermatology and Ear, Nose and Throat and our affiliated network of diagnostic imaging centres gives you fast access and availability to scanning and imaging when required.

## Physiotherapy

REDIMED's dedicated Physiotherapy team can treat any musculoskeletal injury or condition.

- Manual therapies such as joint mobilisation and manipulations, soft tissue massage, neural mobilisation techniques
- Injury specific exercise programs
- Gym-based rehabilitation
- Hands-on treatment of musculoskeletal injuries
- Pilates
- Gym-based rehabilitation
- Dry needling
- Pre/post-surgical rehabilitation

## Hand Therapy

REDIMED's highly experienced team of Occupational Therapists specialise in hand and upper limb therapy.

- Customised static and dynamic hand & upper limb splinting
- Closed trauma management of fractures & ligamentous injury
- Post-surgical rehabilitation
- Conservative management for occupational overuse injuries

## Exercise Rehabilitation

Exercise rehabilitation is available at all REDIMED clinics and, for patient convenience and flexibility, we provide a mobile service at local gyms and fitness centres across Western Australia. In our experience, REDIMED's convenient mobile service increases the likelihood that our patients complete their rehabilitation programs, resulting in decreased recovery times and employees returning to work faster.

## Fitness for Work Assessments

Our experienced and occupationally trained Medical Practitioners, GPs and Occupational Physicians are qualified to perform comprehensive post-injury consultations and physical assessments.

Our Fitness for Work assessments provide recommendations to assist employers in determining an employee's functional capacity to perform their role safely and their ability to return to work following an injury or illness.

REDIMED's comprehensive and coordinated rehabilitation and allied health solutions give patients access to a full spectrum of services that enable injured workers to return to normal life and work considerably faster than traditional rehabilitation platforms.

# Medico-Legal

**REDIMED's** Medico-Legal team of on-site medical specialists and administration support staff are committed to delivering comprehensive Medico-Legal reports.



REDIMED's team of Medico-Legal Specialists include expert Plastic and Reconstructive Surgeons, Orthopaedic Surgeons and Occupational Physicians.

## Independent Medical Examinations

An independent medical examination can assist throughout a claim to provide insight into liability, capacity for work, and the suitability of treatment as well as recommendations for treatment. As our specialists are involved in the regular treatment of patients, they are in a position to comment on current evidence-based practice, up to date treatment options and give accurate advice on treatment costings.

## Permanent Impairment Assessments

Our approved Medical Specialists complete permanent impairment assessments in accordance with the AMS

5th Edition and the WorkCover WA Guides for the Evaluation of Permanent Impairment.

REDIMED's Specialists are supported by a team of Allied Health Professionals to ensure an accurate and objective outcome.

With experienced administrative support, REDIMED provides fast turnaround times and professional detailed reports addressing liability, assessment of treatment and capacity for work.

REDIMED performs comprehensive fitness for duty assessments providing recommendations to assist insurers and employers in determining an employee's functional capacity to perform their role safely at full capacity following an injury or illness. REDIMED Specialists can also conduct non-face-to-face medico-legal assessments such as file reviews and medical opinions.





# The REDIMED Difference

When an injury occurs at work, the financial and operational costs can be significant.

REDIMED provides a fully integrated, comprehensive and proactive approach to preventing and mitigating the impacts of workplace injuries.

We perform some of the most comprehensive pre-employment medicals on the market, conducted by our highly qualified and experienced Medical Practitioners.

We also offer customised Health and Wellness programs that aim to mitigate workplace illnesses and injuries and ensure that your workers are kept in optimal health.

If a workplace injury does occur or an employee experiences an unrelated illness onsite, our Urgent Care

and Injury Management services are second to none.

When you use REDIMED's Commercial Health Services the results are two-fold. We get to know your employees' level of health and physical capabilities on an individual basis. We also get to know your workplace.

This means our Injury Rehabilitation and Allied Health services can streamline the process of getting your employees back to work faster. And we do all of this while ensuring our patients receive the highest standards of clinical care.

Because delivering superior total health solutions is what we do best.

That's the REDIMED difference.

For more information regarding our services, please visit our website or contact a member of the REDIMED team, we're always happy to help.

**Phone:** 08 9230 0900

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## PERTH CLINICS

**Belmont** 1 Frederick Street

**Joondalup** 81 Mclarty Avenue

**Rockingham** 1/23 Chalgrove Avenue