



Injury Rehabilitation & Allied Health

REDIMED is your total health solutions provider using expertise and innovation to drive superior outcomes for patients wherever, whenever.



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Welcome to REDIMED

REDIMED understands the importance of a timely return to work.

REDIMED's comprehensive and coordinated rehabilitation and allied health solutions give patients access to a full spectrum of services that enable injured workers to return to normal life and work considerably faster than traditional rehabilitation platforms.

Our dedicated Specialists, Doctors and Allied Health Professionals ensure that the highest standard of patient care is carried out from diagnosis through to treatment and rehabilitation.

Medical Specialists

We employ and partner with some of the most experienced Surgeons specialising in plastics, neuro, hand and orthopaedic surgery, as well as Emergency Physicians and General Practitioners who are on-call 24/7 to ensure you are covered for all levels of medical care and support.

Our Medical Specialists are experienced in treating occupational injuries and customising treatment plans that get patients back to work faster.

REDIMED has priority access to Joondalup Health Campus, Hollywood Hospital, Bethesda Hospital and St John of God Mt Lawley.

REDIMED also has access to a wide network of professionals specialising in pain, dermatology and ear, nose and throat and our affiliated network of diagnostic imaging centres gives you fast access and availability to scanning and imaging when required.

Occupational Physicians

REDIMED's Occupational Physicians are highly qualified Medical Specialists in the field of occupational medicine. With a comprehensive understanding of workplace and employee health, our expert Physicians advise employees on how their job can affect their health and how their health can affect their ability to work safely and productively. Our Occupational Physicians specialise in risk management, injury management and rehabilitation, fitness for work, health surveillance and health & wellbeing.

Physiotherapy

Our Physiotherapists work alongside some of the most well regarded Medical Practitioners and Orthopaedic Surgeons in Western Australia, as well as your Injury Management Coordinators and Insurer to provide a premium standard of care for our patients.

REDIMED's dedicated physiotherapy team can treat any musculoskeletal injury or condition with a comprehensive range of physiotherapy services including:

- Hands-on treatment of musculoskeletal injuries
- Post-surgical rehabilitation
- Manual therapies such as joint mobilisation and manipulations, soft tissue massage and neural mobilisation techniques
- Injury specific exercise programs
- Pilates
- Gym-based rehabilitation
- Early intervention programs
- Dry needling
- Sports and Kinesiology taping

We are also available to treat private patients without a referral and accept worker's compensation and motor vehicle accident claimants.

Hand Therapy

REDIMED's highly experienced team of Occupational Therapists specialise in hand and upper limb therapy. We are committed to continual professional development and use the latest evidence based practices to assess, diagnose and treat hand and upper limb injuries. Utilising custom static and dynamic thermoplastic splints, range of motion, strengthening and scar management techniques, our patients receive the best care possible throughout recovery.

REDIMED Therapists develop individualised rehabilitation programs for a wide range of injuries and conditions including:

- Customised static and dynamic splinting for the hand and upper limb
- Closed trauma management of fractures and ligamentous injury
- Post-surgical rehabilitation
- Conservative management for occupational overuse injuries
- Treatment for chronic and acute soft-tissue injuries such as tennis elbow carpal tunnel and de Quervain's tenosynovitis
- Management of degenerative conditions, such as osteoarthritis and rheumatoid arthritis

Exercise Rehabilitation

Exercise rehabilitation is available at all REDIMED clinics and, for patient convenience and flexibility, we provide a mobile service at local gyms and fitness centres

across Western Australia. Our accredited Exercise Physiologists provide the following services:

- Hydrotherapy
- Customised or injury specific gym-based programs
- One-on-one tailored gym programs at the patient's preferred gym

In our experience, REDIMED's convenient mobile service increases the likelihood that our patients complete their rehabilitation programs, resulting in decreased recovery times and employees returning to work faster.

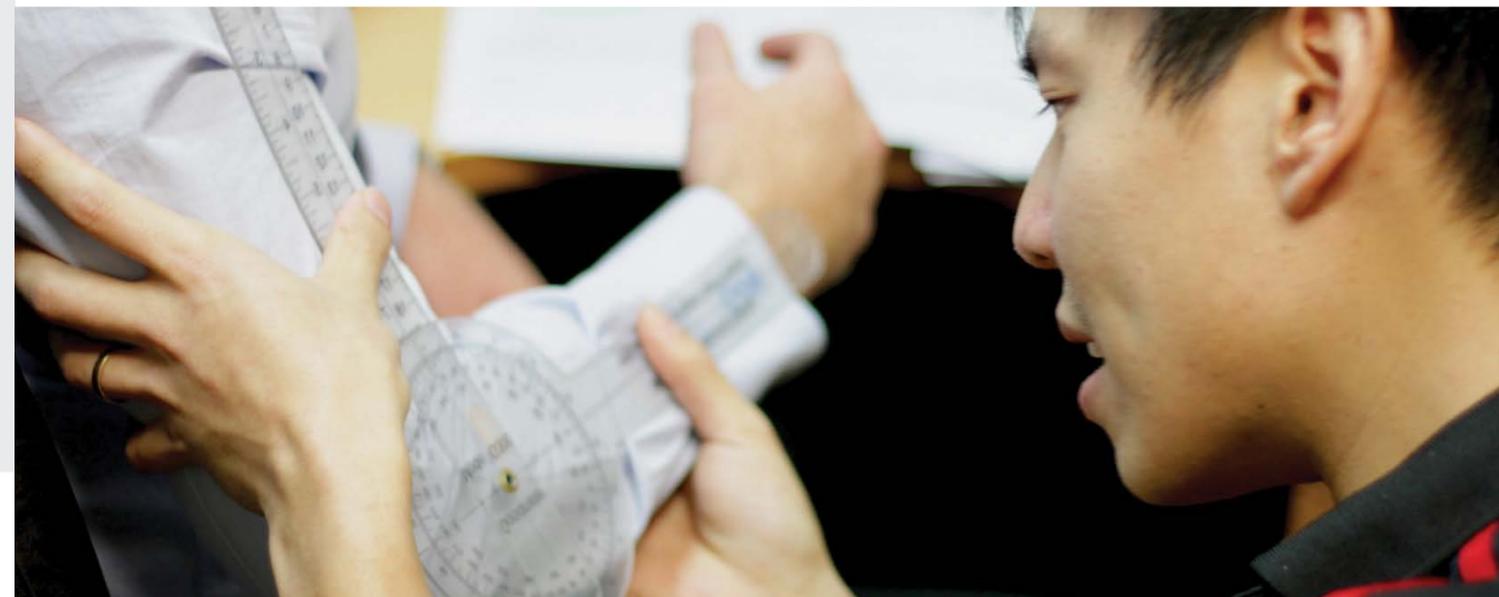
REDIMED's Exercise Physiologists work closely with our Medical Practitioners, Surgical Specialists and other Practitioners to provide customised rehabilitation programs. We maintain a high level of communication with your Injury Management Coordinators and Insurer to ensure a positive rehabilitation outcome.

Fitness for Work Assessments

REDIMED's medical services encompass the highest standard of comprehensive medical care for you and your employees.

Our experienced Occupational Physicians and occupationally trained Medical Practitioners and General Practitioners are qualified to perform comprehensive post-injury consultations and physical assessments.

Our fitness for work assessments provide recommendations to assist employers in determining an employee's functional capacity to perform their role safely and their ability to return to work following an injury or illness.





The REDIMED Difference

When an injury occurs at work, the financial and operational costs can be significant.

REDIMED provides a fully integrated, comprehensive and proactive approach to preventing and mitigating the impacts of workplace injuries.

We perform some of the most comprehensive pre-employment medicals on the market, conducted by our highly qualified and experienced Medical Practitioners.

We also offer customised health & wellness programs that aim to mitigate workplace illnesses and injuries and ensure that your workers are kept in optimal health.

If a workplace injury does occur or an employee experiences an unrelated illness onsite, our urgent care

and injury management services are second to none.

When you use REDIMED's commercial health services the results are two-fold. We get to know your employees' level of health and physical capabilities on an individual basis. We also get to know your workplace.

This means our injury rehabilitation & allied health services can streamline the process of getting your employees back to work faster. And we do all this while ensuring our patients receive the highest standards of clinical care.

Because delivering superior total health solutions is what we do best.

That's the REDIMED difference.

For more information regarding our services, please visit our website or contact a member of the REDIMED team, we're always happy to help.

Phone: 08 9230 0900

Email: reception@redimed.com.au

PERTH CLINICS

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